

City of Woodstock
Recreation Department
820 Lake Ave.
Woodstock, IL 60098



CentegraHealthSystem

WOODSTOCK'S 30th ANNUAL
**CHALLENGE
ROAD RUN**
Saturday, June 16, 2007



2-Mile Run / Walk • 10K Road Run • Pool Party



Be A Part Of...

BE A PART OF THE RACE! Come join us at the 30th Woodstock Challenge Road Races & Walk to be held at the Woodstock Water Works Aquatic Center. Bring the family and friends to participate in either the 2-Mile Run/Walk or the 10K Road Race. Following the race, cool off in one of the three pools at the water park; take a plunge down the double flume slides; test your nerve on the 3-meter diving board; or experience the many other fun activities available at the facility.

BE A PART OF THE TEAM!

All proceeds will benefit NISRA's Special Olympics Training Programs and Woodstock Recreation Department programs.



RACE DAY TIMETABLE

7:00 to 8:00 a.m. Registration/Package Pick-up
8:15 a.m. 10K Starts
8:20 a.m. 2-Mile Starts
9:30 a.m. Awards, Refreshments,
Drawings, Entertainment,
Swimming

All events originate and terminate at the Woodstock Water Works Aquatic Center in Emricson Park



The Chicago Area Runners Association (CARA) is a non-profit organization devoted to expanding, motivating, supporting and celebrating the running community of Chicagoland. CARA connects runners to resources that enable them to run ~ further, faster, better, for life.

www.cararuns.org

MUST COMPLETE

Age as of 6/16/07 _____ BIRTH DATE _____

2-MILE _____ 10K _____ MALE _____ FEMALE _____

T-Shirt Size: Adult: S _ M _ L _ XL _ Youth: L _

or Tank: Mens or Womens (Circle which one) / Size: S _ M _ L _ XL _

Please Print:

Name _____ Email _____

Address _____ City _____ State _____ Zip _____

Day Phone _____ Evening Phone _____

Waiver of Liability: I hereby release the City of Woodstock, NISRA, Chicago Area Runners Association, all race sponsors, all volunteers and all other persons or organizations in any way connected with the race of liability as a result of my participation in the 2007 Woodstock Challenge or using any of the facilities provided for participants before, during, or after the race. I further attest and certify that I am physically fit and have sufficiently trained for this event.

Runner's signature _____

Parent or guardian's signature (if under 18 years of age) _____

Make Checks Payable to:

CITY OF WOODSTOCK

Deliver in person or send to : Woodstock Recreation Dept.

820 Lake Ave.
Woodstock, IL 60098

CARA member? _____ Membership # _____

Thanks to the following CHALLENGE ROAD RUN SPONSORS

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ARCHITECTS

 **The WOODSTOCK**
Independent

AGE DIVISIONS

**Male and Female Age Categories
for 10K and 2-Mile***

8 & under	9-14	15-19	20-29
30-39	40-49	50-59	60+

*The 2-Mile will also include include
8 & under, 9-11 years, 12-14 years

AWARDS

Overall Winners: Each male and female,
in the 10K and 2-Mile, will each receive a
plaque plus a gift certificate (\$75 for the
10K winners and \$50 for the 2-Mile winner)
to the Running Depot in Crystal Lake.

Division Winners: Plaques will be
awarded to the top three finishers in
each age and gender division.

SOUVENIRS

Participants will receive a Woodstock
Challenge T-shirt. Preregistered racers
are guaranteed a shirt on race day;
others may receive theirs by mail. Each
runner/walker will also receive a bag
full of coupons and souvenirs and will
be eligible for post race drawings.

POOL PARTY

Bring your swimsuit as the post race
awards ceremony will take place at the
Woodstock Water Works Aquatic
Center. Food and refreshments will be
served; drawings will be held.
**Participants and their families are
invited to swim after the race.**

COURSE DESCRIPTION

10K - Experience one of the most *challeng-
ing* courses in Illinois as you wind through
city streets and country roads with two sig-
nificant climbs between the four- and six-
mile points (150 feet net elevation gain).
This CARA Registered Race; the course is
USATF certified. Split times given at each
mile plus four water stops on the course.
*Baby joggers, pets, skates and bikes are
prohibited.*

2-Mile - A fast course traversing through
Emricson Park and neighborhood streets
with one small hill. Water available at the
one-mile mark.

Results available at awards ceremony,
by mail, and on the CARA website
at www.cararuns.org.

REGISTRATION FEE

10K AND 2-MILE RUN/WALK

Pre-registration fee	\$20 Adults
(by June 11)	\$12 Youth
	(17 years & younger)

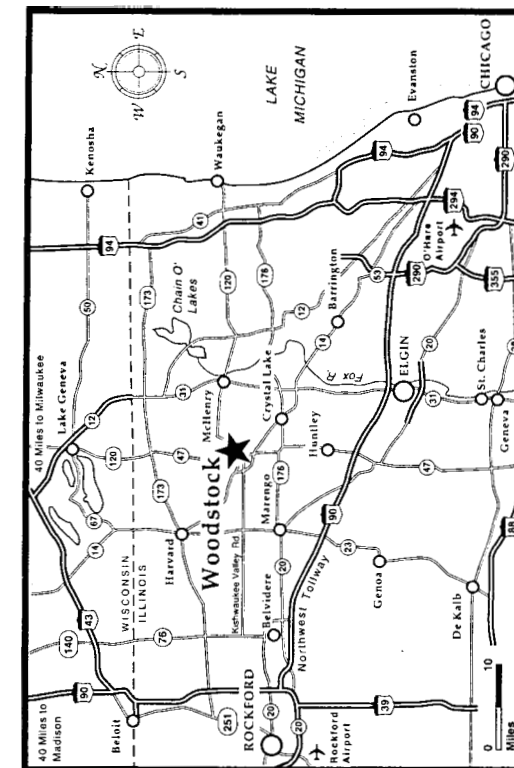
Race Day Registration	\$25 Adults
	\$15 Youth
	(17 years & younger)

**\$3 CARA discount
for pre-registered 10K runners**

On-line registration at
www.signmeupsports.com

INFORMATION PHONE NUMBER
(815) 338-4363

E-Mail: dzinnen@woodstockil.gov



DIRECTIONS TO RACE SITE

Access Woodstock via Highway 14 or Route 47.
If using Route 47, go West (towards Harvard) on
14. Exit Highway 14 at Kishwaukee Valley Road
(stop light) by turning right (East). Follow
Kishwaukee Valley Road for .55 miles to the
entrance of Emricson Park - right side of road.
To access internet directions use 1313
Kishwaukee Valley Road, Woodstock, IL 60098.
Call 815-338-4363 for more detailed maps or
directions.